



Self-Directed Employment Planning Modules

This on-line series was developed by Shannon Munn-Huff and Nancy Farnon-Molfenter through inControl Wisconsin with funding made available from the Wisconsin Board for People with Developmental Disabilities. The set of modules was designed to help people with disabilities and their family members think about their integrated employment options, understand employment supports, and create a plan to achieve their integrated employment goals.

Purpose

The intended purpose is to provide job seekers with disabilities and those who support them with information about ways to become employed, factors to consider, and resources available. The information can also be helpful to teachers and support providers.

The series is called the **Self-Directed Employment Planning Modules** because it is very important for individuals with disabilities and their families to be involved in planning and decisions about the future. Work is a part of life for most adults and having a disability does not mean someone cannot work. In fact, the authors and sponsors of this training believe that **everyone** can work, regardless of disability. We hope that these modules and materials will be helpful in paving a path to employment for people who use them.

Content and Structure of the Modules

There are 12 modules total. The series starts with an Introduction, next there are 10 content modules, and then a Conclusion module. The titles of the 12 modules are:

- Introduction to Self-Directed Employment Planning
- One: Everyone Can Work
- Two: A Working Life
- Three: Thinking About Your Future
- Four: Overcoming Barriers to Employment
- Five: Dealing with Public Benefits Issues When You Work
- Six: People Involved in Planning and Providing Employment Supports
- Seven: Understanding Employment Supports
- Eight: Understanding Resources for Employment and Advocating for What You Need

- Nine: Getting the Help You Need to Implement Your Employment Plan: Working with an Employment Support Agency
- Ten: Getting the Help You Need to Implement Your Employment Plan: Hiring Individual Employment Supports
- Conclusion Module: to review and complete an Employment Plan

Each section of this series will take most people 30 to 60 minutes to complete, including answering the Workbook questions at the end. The modules can be viewed one at a time or back to back. Parts or all of any module can be viewed more than one time.

inControl Wisconsin Website

A list of the modules and descriptions can be found on the Self-Directed Employment Planning web page on the inControl Wisconsin website www.incontrolwisconsin.org. To view any module, simply click on its title.

The modules were created to be viewed one after the other in the order listed as the information from one module is the foundation for the next. Viewing the modules in order can help people learn the information and build an employment plan. However, users can skip modules or view the modules in the order of greatest interest.

Materials

There is a **Workbook** that goes with this training as well as a **Resource Guide**. Those can be downloaded by selecting 'Resources' in the top right corner of this training. Each of the 10 content modules has a corresponding section in the workbook. At the end of each module, there are Workbook questions to answer and the answers to these questions can help to formulate an Employment Plan at the end.

Accessing the Materials

Before starting the modules, we recommend downloading and printing the Workbook. You can find the workbook by clicking on the 'Conclusion' tab on the left hand side menu of the Self-Directed Employment Planning Module webpage or if you are watching a module, you can select the 'Resources' in the top right corner of the module. The Resource Guide can also be found the same way.

There is also a full written narrative that goes with each module that can be printed. These can be found under the description of each module on the website or by clicking on the 'Resources' tab when you are watching a module.